

Creative Art'n'Soul Journaling

JOURNAL YOUR STORY CREATIVELY



Thank you for downloading these free printables - I hope you enjoy!

Copyright

These digital files are copyright © Linda Matthews and are for personal use only.

- You may:
 - * Print the files as many times as you wish for personal use.
- You may not:
 - * Sell or share the digital files or printed copies, as is or altered, individually or as a set.
 - * Claim the designs as your own.
 - * Print and sell as supplies for customers.
 - * Create your own digital files for sale using my designs.
 - * Include my designs on print on demand items for sale on sites like Zazzle, Spoonflower, Cafepress etc

PRINTING INFORMATION

The pages are designed to be printed on US letter size paper 8.5" x 11". However you can also print them on A4 size paper 210mm x 297mm (8.25" x 11.75"). When printing on A4 paper make sure the Page Scaling option is set to "None".

The printed color of the pages may differ slightly depending on the type of printer you use as well as the type of printer settings you choose.

DISCOVER MORE CREATIVE INSPIRATION

Free Tutorials & Creative Inspiration

<https://www.creativeartnsoul.com/>

Shop For Creative Printables

<https://www.creativeartnsoul.com/store/>

Discover Creative Journal Making Techniques

<https://www.linda-matthews.com/classes/>

5 Minute Morning Journal

Today I want to feel ...

Daily Affirmation

What would make today great?



5 Minute Evening Journal

Today was ...

Something I want to remember about today

Today I'm grateful for ...